

BOARD POLICY

Student Wellness

The Board of Education is committed to providing a school environment that enhances learning and development of lifelong wellness practices.

To accomplish these goals:

- A. Child Nutrition Programs will comply with federal, state and local requirements and will be accessible to all children.
- B. Sequential and interdisciplinary nutrition education will be provided and promoted.
- C. Healthy levels of physical activity will be encouraged within and beyond the school day.
- D. All food and beverages made available on campus (including vending, concessions, ala carte, student stores, parties, and fundraising) during the school day will be consistent with the Smart Snack in School nutrition standards and will adhere to food safety and security guidelines.
- E. The district must establish wellness policy leadership of one or more school official(s) who have the authority and responsibility to ensure each school complies with the policy.
- F. Policies for food and beverage marketing are only allowed for foods and beverages that meet the Smart Snacks in School nutrition standards.
- G. Public participation will be permitted by the general public and the school community in the wellness policy progress.
- H. An assessment of the wellness policy will be conducted every three years as required by the state agency.

The district's wellness policy is posted online at www.ggusd.us and <http://gardengrove.healtheliving.net/>.

Ref: Public Law 108: Section 204; 42 U.S.C. Section 1751 et seq.

EC Section 49431

Adopted: June 20, 2006

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