

Administrative Regulation

Physical Education Exemptions

Temporary exemption – Temporary exemption from participating in a physical education course may be granted (Education Code 51241) to a pupil if the pupil is one of the following:

1. Ill or injured and a modified program to meet the needs of the student cannot be provided.
2. Enrolled for one-half, or less, of the work normally required for fulltime pupils.

Permanent exemption – Permanent exemption from participation in a physical education course may be granted with pupil consent if the pupil complies with any one of the following:

1. Is 16 years of age or older and has passed both Course One and Course Two; and completed two years of physical education in grades 9 and 10;
2. Is enrolled as a postgraduate pupil;
3. Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are schedule for recreation and exercise. This pertains to the time the student enrolled in these programs.

Physical Education Exemption for Certain Pupils in Grades 12 – The provision of Education Code 51264 indicate that the School Board may exempt any pupil enrolled in his or her last semester or quarter, as the case may be, of the 12th grade who, pursuant to Education Code 46145 (Minimum required courses per semester or quarter) and Education Code 46147 (exemption for certain 12th grade students to attend less than the minimum school day), is permitted to attend school less than 240 minutes per day, from attending courses of physical education. However, with the physical education exemption, a pupil may not attend school for more than 240 minutes per day to maintain the exemption.

School counselors will ensure pupil consent to exemptions in physical education.

The superintendent or superintendent's designee on an individual basis can grant exceptions.

Ref: EC Sections 51241, 51264, 46146, 46147

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